



# Women's Sexual Assault Centre

healing, education & prevention



## AGM 2010 Celebrating Our Volunteers



At our Annual General Meeting in September, we invite you to join us as we celebrate our wonderful volunteers. The volunteers on our Sexual Assault Response Team are on-call after hours and provide support and information to anyone who has been recently assaulted. They work with the incredible Sexual Assault Nurse Examiners at Victoria General Hospital as well as the representatives from police detachments in the greater Victoria area to ensure that the survivor receives an immediate and compassionate response. All of this is done with the survivor's permission and at a pace with which they feel comfortable. We could not offer the SART service without the help of these highly skilled and knowledgeable volunteers.

Our volunteer Board of Directors bring their special skills and knowledge as community leaders and commit their time to helping with financial management, human resources, policy development, fundraising and overall governance of WSAC. We are honoured to have these dedicated professionals volunteering their time on our behalf.

We also have administrative volunteers who work at reception answering phones, greeting visitors and helping with endless office tasks. Always cheerful and engaging, they bring light and brightness even on the rainiest days and we are so thankful for all of the work they do.

Event fundraising is made easier with the help of hundreds of volunteers who give their time to Walk a Mile in Her Shoes and the Triathlon of Compassion. We are also fortunate to have individuals like James Whitehead and Mandy Heck who both organized benefit concerts on our behalf this past year.

Volunteers are integral to what we do. Please join us in celebrating their contributions at our AGM in September. Contact us to confirm the date and location. Hope to see you there!

*"We could not provide all of the services that we do, fundraise as much money as we do, or operate as efficiently as we do, without the help of all of you.*

*Thank you!" ~WSAC Staff Members*

**August 2010**

Women's Sexual Assault Centre ~ #511-620 View St. Victoria, BC, V8W 1J6  
Business Line: 383-5545 ~ Crisis & Information Line: 383-3232  
Visit our website at [www.vwsac.com](http://www.vwsac.com)

## GoodLife Fitness Victoria Marathon October 10, 2010

We are proud to have been selected as one of the recipient charities for this year's marathon. Learn more about participating on our behalf by contacting Lenore Kennedy at [lenorek@vwsac.com](mailto:lenorek@vwsac.com) or (250)383-5545.

### Wish List



Thrifty's gift card or  
grocery store gift  
certificate to  
purchase healthy  
snacks for  
counselling groups



Beeswax candles

☆ Journals for clients

Women's shoes size 10  
and larger for our annual  
Walk a Mile in Her Shoes



**Mark your calendars!**

**Walk a Mile  
in Her Shoes 2011**

**Saturday, May 14th  
at Centennial Square**



## Victoria Foundation Community Leadership Award

WSAC was tremendously honoured to receive the Victoria Foundation Community Leadership Award this year. In recognition of our innovative programs emphasizing healing, education and prevention, we share this award with past and present staff and volunteers as well as the funders, grantors and donors who make it possible.



## Financial Statement & Annual Report

For additional information about the Centre, our services and funding, please visit our website at [www.vwsac.com](http://www.vwsac.com). The 2009-10 Financial Statement and Annual Report can be found by clicking on the "Donate" tab.

## Remembering Emily Ellingsen



Emily died on February 19, 2010 after a long and courageous battle with cancer. She was a long time volunteer at WSAC. Emily began volunteering in 1999 as a Crisis Line volunteer. She was part of a team of women who carried a pager overnight or on the weekends to ensure that survivors of sexualized violence always had access to crisis support.

At 21 years of age, Emily was competent in providing support to some of the most vulnerable people in our community. Emily upgraded her training and became a volunteer with the Sexual Assault Response Team, and soon became a paid auxiliary worker.

Emily left Victoria in 2002 to attend Medical School at McMaster University in Hamilton, Ontario. During the time she was away she always stayed in touch with the centre. When Emily moved back to Victoria in 2005, she returned as a volunteer: this time as a Board member. She served as Board Co-Chair, as well as on the committees for Succession Planning, Hiring of the Executive Director and Human Resources. She resigned from the Board in 2008, when her cancer returned.

Emily lived a life that was full on. She had a strong and loving marriage with Aaron, close and supportive relationships with friends and family, and a demanding Psychiatry Residency Program. Emily was absolutely loyal to the centre and gave so much of her precious time and energy to the WSAC. She brought her characteristic enthusiasm, positive attitude, sense of humour and compassion to the many and varied volunteer roles she had over the years at the centre. You could always count on Emily to step up when something needed to be done. She is dearly missed.

*"Even though it was pretty apparent over the last few months that this was a battle that she probably wouldn't win, Emily was the type of person where you just can't imagine this world without her in it. Greater than her leaving though, the impact she has left behind for me is rooted in inspiration, courage, love and hope. I will always remember her voice both spoken and written, her smile and laughter, and am so thankful to have known her at least a little bit."* **WSAC Staff Member**

## 2010 Contracts & Grants

**Direct Access to Gaming through the Province of BC** – *Project Respect & youth-focused counsellor*

**Ministry of Public Safety & Solicitor General** – *Stopping the Violence & Victim Services contracts*

**Pixel Sweatshop** - *Project Respect Website Update*

**Provincial Employees Community Services Fund** – *Crisis and Info Line*

**RBC Foundation** – *Project Respect*

**Sara Spencer Foundation** - *Furniture & Fixtures Campaign*

**United Way of Greater Victoria** – *Project Respect*

**Victoria Foundation: Hugh and Helen Mogensen Fund**

**Victoria Foundation** – *TIPs training program*

**Victoria Foundation** – *Endowment Fund*

**Thrifty Foods** – *Smile Card program*

**Walk BC** – *Walking to the Wilds Group*

### Thrifty's Smile Card

*Thrifty's will donate 5% of your grocery purchases to WSAC!! Ask us how by contacting us at (250)383-5545.*

## Donor Privacy

WSAC is committed to protecting your privacy. If, at any time, you have questions about our policies, please do not hesitate to contact Tracy Lubick, Resource Development Manager, at (250)383-5545 or [tracyl@vwsac.com](mailto:tracyl@vwsac.com).

We are committed to protecting your privacy and maintaining the confidentiality of your personal information.